

		14	Si	Si 22	Si 23	Si 24	Si 25	Si
			[28.084; 28.086]	29 ms	42.3 ms	140.5 ms	218 ms	2.24
			α 0.166	β^+ 1.99, 1.63...	β^+ 2.40, 2.83... β^+ 5.86, 6.18	β^+ 9.3... m β^+ 1.43, 3.91 γ 664, 1906* 2357*	β^+ 4.08, 0.39... γ 452, 493 1369*	β^+ 3.8... γ 829, 1...
		13	Al	Al 21 ?	Al 22	Al 23	Al 24	Al
			26.98 5385	<35 ns	59 ms	446 ms	333 ms 2.853 s	7.18
			α 0.23	p?	β^+ 1.32, 0.72... β^+ 4.48... β^+ 3.27	β^+ 451, 1598 7801... β^+ 0.83, 0.56...	β^+ 4.4, 6.7 γ 1360 2754 7000 β^+ 1.42 1.79... β^+ 1.98	β^+ 3.3... γ 1612
		12	Mg	Mg 19	Mg 20	Mg 21	Mg 22	Mg
			[24.304; 24.307]	$4.0 \cdot 10^{-12}$ s	90.8 ms	122.5 ms	3.86 s	78
			α 0.066	2p 0.75	β^+ 984, 275* 238*... β^+ 0.77, 1.59...	β^+ 332, 1384 1634*... β^+ 1.94, 1.77...	β^+ 3.2... γ 583, 74...	β^+ 3.1... γ 440...
		11	Na	Na 18	Na 19	Na 20	Na 21	Na
			22.989 76928	350 keV $1.3 \cdot 10^{-25}$ s	<40 keV $>1 \cdot 10^{-18}$ s	447.9 ms	22.49 s	10
			α 0.53	p?	p	β^+ 11.2... β^+ 2.15, 4.43... γ 1634	β^+ 2.5... γ 351...	β^+ 0.5, 1.8 γ 1275 σ_{th} 260 σ_{ep} 28000
				β^+ ?				α 0.43 +
			Ne 15	Ne 16	Ne 17	Ne 18	Ne 19	Ne
			0.59 MeV $773 \cdot 10^{-21}$ s	122 keV $3.7 \cdot 10^{-21}$ s	109.2 ms	1.6654 s	17.254 s	9.2
			2p	2p	β^+ 8.0, 12.5... β^+ 4.60, 5.80, 5.92... β^+ 1.225 γ 435, 6123*	β^+ 3.4... γ 1042...	β^+ 2.2... γ {110, 197 1357...}	α 0.039
							α 0.7 σ_{th} 0.00018	α 0.051
			F 14	F 15	F 16	F 17	F 18	F
			0.910 MeV $500 \cdot 10^{-24}$ s	1.2 MeV $380 \cdot 10^{-24}$ s	40 keV $11 \cdot 10^{-21}$ s	64.8 s	109.728 m	4.1
			p	p	p	β^+ 1.7 no γ	β^+ 0.634 no γ	β^+ 5.4... γ 1634...
							α 0.0095	β^+ 5.3... γ 351, 1...
			O 13	O 14	O 15	O 16	O 17	O
			8.58 ms	70.619 s	2.03 m	99.757	0.038	13
			β^+ 16.7... β^+ 1.44, 0.44... γ 4439*, 3500...	β^+ 1.8, 4.1... γ 2313...	β^+ 1.7 no γ	α 0.00019	α 0.00054 σ_{th} 0.257	β^+ 3.3, 4.8... γ 197, 1357...
						α 0.00016		β^+ 2.8... γ 1057...
			N 12	N 13	N 14	N 15	N 16	N